

## Ludlow Baptist Church

You are very welcome to join our friendly, lively local church. The atmosphere is relaxed and informal, and we regularly have 50 or more people at our Sunday morning service.

We believe that everybody is precious to God and that we can have a real relationship with Him, and we aim to show the people of Ludlow that God is longing to be involved in our lives today.

We hope that you will feel comfortable and at ease with us no matter what experience of life or faith you may have had.

**Sunday Morning Worship** takes place at 10.30am every week.

**Sunday School Groups** for 3 - 12 year olds takes place as part of the Sunday service.

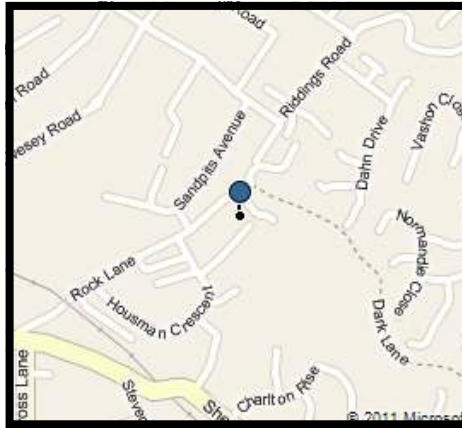
**Lunch Club**—meeting on the second Monday of the month at 12.30pm, lunch club provides home-made soup with bread rolls butter and cheese, and desserts. We ask for a £2.50 donation, and transport can be provided.

**Emergency Food Parcels**—the church is the collection and distribution centre of a scheme that every church in Ludlow supports.

**Baby clothes bank**—the church has a good stock of things that you need if you have just had a baby – blankets, baby wipes, and of course baby clothes.

**Swap Shop**— taking place approximately every three months on a Saturday between 10am - 12noon. Bring your things, swap things or take things—all for free!”

For more information about any of these, please contact Rev. Jon Edwards on (01584) 874076 or go to [www.ludlowbaptistchurch.co.uk](http://www.ludlowbaptistchurch.co.uk)



We believe there is  
**VALUE IN EVERYTHING,**  
especially people.

### VOLUNTEERS

South Shropshire Furniture Scheme couldn't run our services without the help of our volunteers.

**WE NEED YOUR HELP** in a range of ways.

Please visit our website for our current volunteering opportunities or contact Chris Christie [chrisc@furniturescheme.co.uk](mailto:chrisc@furniturescheme.co.uk)

Tel: 01584 877751

## Rockspring Community Centre



...where community counts

**Rockspring Community Centre**  
Sandford Road  
Ludlow  
Shropshire SY8 1SX

**Tel: 01584 874922**

**Open: 9am—5pm Monday to Friday**

**[www.furniturescheme.co.uk](http://www.furniturescheme.co.uk)**

**[rockspring@furniturescheme.co.uk](mailto:rockspring@furniturescheme.co.uk)**

Registered charity 1082068 Company 4041051



## Rockspring Community Centre

Situated at the heart of one of Ludlow's largest residential areas, Rockspring Community Centre is the ideal location for community outreach and activities. Rockspring is run by South Shropshire Furniture Scheme, a Social Enterprise and charity that aims to relieve poverty, protect the environment and encourage community engagement.

### Activities currently running at Rockspring:

Play n Stay, Church Lunch Club, Job Club, Tai-Chi, Walking for Health, Thursdays drop-in, Youth Club, free Flower Arranging classes and Zumba.

## Rockspring Room Hire charges:

Rate per hour or part thereof

### Community Groups:

Weekdays 9am—4pm	£8.00
Weekdays 6pm—11pm	£12.00
Weekends 9am—4pm	£12.00
Weekends 6pm—11pm	£15.00

### Private Hire:

Weekdays 9am—4pm	£10.00
Weekdays 6pm—11pm	£15.00
Weekends 9am—4pm	£15.00
Weekends 6pm—11pm	£20.00

Deposits may be requested at the discretion of the manager for certain activities or events.

For bookings contact:

Maria Darcy—Rockspring Co-ordinator

Tel: 01584 874922

Email: [rockspring@furniturescheme.co.uk](mailto:rockspring@furniturescheme.co.uk)

## Grow Cook Share at the Rockspring Community Food Garden



Grow Cook Share is a 4 year Local Food project which started in January 2010. They encourage people in Ludlow and Craven Arms to grow and cook their own food from scratch and to share their skills, knowledge and excess garden produce with their local community. They offer free cookery and growing training through their network of paid staff and volunteers in order to support the local community to get growing and cooking from scratch in their homes, schools and community spaces. They want people to share the satisfaction of growing their own veg and the pleasure of eating tasty local seasonal produce. If you would like to join one of their **free** cookery courses, sign up for a **free** growing starter kit or get help to grow at home with their **free** garden guru service then please get in touch:

☎ 01584 878642 ■ 07896 866299 (Valerie)

✉ [growcookshare@ss-ha.org.uk](mailto:growcookshare@ss-ha.org.uk)

The Rockspring Community Food Garden is open every Thursday morning from 9:30 – 13:00 and every Tuesday morning during August from 10:00 – 12:00. Everyone is welcome – come and have a look around!



## Rockspring Nursery



Rockspring Nursery is an established childcare service and managed by the Pre-school Learning Alliance.

At Rockspring Nursery they have created a fun, stimulating, learning environment offering full and part time sessions for young children.

The nursery is open from 8.30am -5.00pm all year round.

What they offer:

- A safe, friendly and fun place for you and your child
- Learning through indoor and outdoor play activities
- Ofsted registered
- A dedicated key person to give focused support to your child
- Activities planned in accordance with the Early Years Foundation Stage
- Healthy snacks
- Ideally placed for Ludlow and the surrounding areas.
- Purpose built, modern building.

Their experienced team understands how to meet a child's emotional needs and works hard to ensure that every child feels involved and happy. Child protection is a priority in their setting.

Their staff recruitment and selection procedures ensure that all new staff undertake required security checks including criminal record disclosure, references and qualification checks.

**Tel: 01584 879240**

[www.pre-school.org.uk/rockspring](http://www.pre-school.org.uk/rockspring)