



ROCKSPRING COMMUNITY CENTRE

Sandford Road, Ludlow SY8 1SX

Tel: 01584 874922

Bookings & Events Co-ordinator: Maria Darcy

Email: Rockspring@furniturescheme.co.uk

Rockspring Community Centre, part of South Shropshire Furniture Scheme, is a gateway to accessing local services including South Shropshire Youth Forum, Grow Cook Share Project and the South Shropshire Care Information Provider - Community Directory

Regular Events:

Monday: 9am to 11.30am - Play n Stay - from birth to 3 years

Monday: 6pm to 7pm - Zumba exercise classes

Tuesday (every two weeks) 10am to 12pm FREE classes in Basic Flower Arranging

Tuesday: 10am to 12noon - Job Club with County Training

Wednesday: 10am to 12noon - Tai-Chi

Thursday: 9.30am to 2.30pm - "Drop in" for a cuppa and a chat, use the computers etc

Thursday: 12.30pm to 3pm - Credit Union (Starting 1st December 2011)

2nd Monday of the month 12noon to 2pm - Baptist Church Lunch Club

Grow Cook Share Project <http://ludlow21.org.uk/index.php?index=growcookshare> meet every Thursday 9am - 1pm they have a garden at the Rockspring Centre where people are encouraged to grow their own food.

Ludlow Baptist Church <http://ludlow.churchinsight.com/> provide Emergency Food Parcels, Baby Clothes Bank and Swap Shop which takes place approximately every three months on a Saturday, where you can bring your things, take things and swap things e.g. toys, bric-a-brac, books, tools, musical instruments, small furniture, sports equipment. More.....

South Shropshire Care Information Provider maintains a database (Community Directory) of health and care information on voluntary and community organisations and groups and gives free, confidential information on health and care services available to people living in the Southern Shropshire area.

<http://search3.openobjects.com/kb5/shropshire/cd/home.page>

ROCKSPRING COMMUNITY CENTRE
ROOM HIRE PRICES

RATE PER HOUR OR PART THEREOF	WEEKDAYS	WEEKDAYS	WEEKENDS	WEEKENDS
	9AM-4PM	6PM-11PM	9AM-4PM	6PM-11PM
COMMUNITY GROUPS	£8.00	£12.00	£12.00	£15.00
PRIVATE HIRE	£10.00	£15.00	£15.00	£20.00

Deposits may be requested at the discretion of the manager for certain activities or events.

To book a room or for more information please contact

Maria Darcy 01584 874922 Email: rockspring@furniturescheme.co.uk